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Supergreen aids health

A SUPER-BROCCOLI developed to fight heart disease and cancer goes on sale in the UK today.

The vegetable, called Beneforte and developed by British scientists, looks the same as normal broccoli but contains two to three times the normal amount of the chemical glucoraphanin.

The nutrient is converted in the gut into the bioactive compound sulphoraphane which research indicates has beneficial health effects.

Beneforte will be sold at Marks & Spencer stores from today and at other supermarkets next year.

