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Super broccoli to fight disease goes on sale

By Daily Telegraph Reporter

A SUPER broccoli that fights heart disease and cancer goes on sale in Britain today.

The vegetable, developed by British scientists, looks the same as normal broccoli but has extra levels of a health-giving nutrient.

Research suggests the chemical, glucoraphanin, may protect the body against heart disease and some types of cancer. The broccoli, called Beneforte, will be on Marks and Spencer shelves today.

